

TOOGOOLAWAH COMMUNITY GYM

OPENING HOURS

Monday /Wednesday/ Friday	6.00am - 9.00am
Tuesday /Thursday	4.00pm – 7.00pm
Sat/Sun and Public Holidays	CLOSED



Somerset Health and Fitness

General Information

Welcome,

You can attend the Centre as a casual, weekly, membership or direct debit. Direct Debit may not reflect a major saving in some cases but it does reflect convenience. We also offer block memberships of 1, 3 or 6 months – please see our Manager Jayne McKenzie about these.

CASH (pay upon arrival)

DIRECT DEBIT *

Adult Casual	\$12	N/A
Senior Casual	\$8	N/A
Junior (School)	\$6	N/A
Adult Weekly	\$22	\$18 (deducted fortnightly)
Senior Weekly	\$18	\$16 (deducted fortnightly)
Adult Monthly	\$80	\$70 (deducted monthly)
Senior Monthly	\$70	\$55 (deducted monthly)

Direct Debit has a set up fee of \$60.00, which is payable either cash or bank transfer. There is NO locked in Contract but you are required to give **28 DAYS** notice (in writing) if you wish to cancel your direct debit.

You will also need to complete a Medical Questionnaire and you may be required to seek medical clearance prior to exercising or participating. This is compulsory for **ALL** people using our facilities. We also have a Kids In Gym policy governed by Australia Fitness.

Please make sure you ask for our latest timetable of classes. Most of our classes are multi-level, but ask the Instructor whether it is suited to you.

We also offer a monthly Newsletter 'FRIENDS IN FITNESS' and have many FREE weight loss and fitness challenge for our members.

Regards Somerset Health and Fitness