


TOOGOOLAWAH COMMUNITY GYM – CLASS TIMETABLE

	Morning Classes		Afternoon and Evening
MONDAY	7.00am Group Fitness	SURVEY	
TUESDAY			4.30pm Group Fitness 5.15pm Pilates 6.00pm Yoga
WEDNESDAY	7.00am Group Fitness	SURVEY	
THURSDAY			4.30pm Group Fitness 5.15pm Pilates 6.00pm Yoga
FRIDAY	7am Group Fitness	7.45am Yoga	 Proudly managed by Somerset Health Fitness and Weight Loss on behalf of the Somerset Regional Council

We have had many members of the Community request a change of hours on Monday, Wednesday and Friday to be changed to 7.00am – 10am so that parents can attend. This makes a great deal of sense as school drop off is 8.30am meaning parents cannot attend at all. We would then be able to put on a class at 9am (which is always popular) thus making this Community Gym more usable for **EVERYONE**. Please complete the survey and have your say. Any queries please ring Manager Jayne 0420 974 683

Thank You for your support and understanding during this transition phase – very much appreciated.